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2016 Caribbean Sub-regional meetings:

SUBWOC - March 1

SUBRAC - March 2 to midday of March 3

Working together for sustainable development:

Conversations on sustainable development in the Caribbean

Afternoon of March 3 and morning of March 4

Practical Information

Accommodation

Grand Coastal Inn

Lot 1 & 2 Area M Plantation

Le Ressenouvenir

East Coast Demerara

Guyana, South America

Tel: +(592) 220-1091

<http://www.grandcoastal.com/>

and **Grand Coastal Inn Annex (Courida Park Annex)**

All reservations are in the name(s) of the participant(s).

The hotel is approximately 10 minutes from the Ogle International Airport. The Cheddi Jagan International Airport at Timehri (CJIA) is about 1 hour away.

Travel to/from Guyana

Please check the websites of the airlines to prepare for travel. Please take advantage of online check-in where available.

LIAT - http://www.liatairline.com/navSource.html?page_id=157

Caribbean Airlines – <http://www.caribbean-airlines.com/>

Insel Air - www.fly-inselair.com/en/

Suriname Airways - <http://www.flyslm.com/>

Note especially the baggage guidelines. All airports follow the guidelines established by the USA TSA. <http://www.tsa.gov/traveler-information>

Airport Arrivals

The Guyana Public Service Union (GPSU) is making arrangements to expedite your arrival and your passage through Immigration and Customs.

On arrival, please look for the PSI sign and/or indicate that you are expecting to be met by someone from the GPSU.

Included with this practical info, is a set of stickers for your luggage. Print on Avery 5264 Shipping Labels, 3 1/3 x 4 inches)

Taxis to/from hotel and around Georgetown

Taxis are available at the Ogle International and Cheddi Jagan International at Timehri. Please use designated airport taxi services.

Arrival at/departure from Ogle - <http://www.ogleairportguyana.com/a-visitors-guide/>
Taxis are readily available at the airport. Grand Coastal is about 10 minutes away and taxi fare is about GYD500.00 to GYD700.00.

Arrival at/departure from Cheddi Jagan International Airport (CJIA) - <http://www.cjairport-gy.com/?q=taxi>
Taxi fare is about GYD6,000.00 to GYD7,000.00.

A number of attendees will arrive and depart on the same flights, so we encourage you to use minivans. Please use official airport taxi services.

Taxi rate from hotel to downtown Georgetown is about GYD1,200.00 to GYD1,600.00.

Departure Taxes

Departure tax from Guyana is payable at the respective ports.

1. From Ogle it is GYD2,500.00.
2. From the Cheddi Jagan International Airport (CJIA), it is GYD4,000.00.

Tax is payable in cash only. Please pay in Guyana dollars.

See <http://www.gra.gov.gy/component/content/article?id=87> for details.

Time

At the time of the meetings, time in Guyana will be:

- one (1) hour ahead of time in Jamaica, Haïti and Bahamas
- two (2) hours ahead of time in Belize

Currency

The national currency is the Guyana dollar (GYD).

The rate fluctuates. It is about GYD200.00 to USD1.00. See www.oanda.com

Exchange rates may vary slightly at stores and hotels.

If you plan to use your debit or credit card while in Guyana, please advise your bank of your travel plans, before leaving your country.

We recommend that you use the national currency in your various transactions.

Banks and Cambios are in various locations. Cambios are licensed currency exchange houses. Most cambios are open from 8:00 am to 5:00 pm and on Sundays from 8:00 am to 4:00 pm. It is important that you keep your cambios receipts, you will need to produce them to change Guyanese dollars on departure. The hotel front desk can help you with additional info and details.

Electricity

220 - 240 volts, 3 square pins. In some locations there are also 110 volts, 2 flat pin outlets.

The hotel provides provides irons and ironing boards.

Cellular/Mobile services and Internet Access

Digicel Guyana and Guyana Telephone and Telegraph (GT&T) are the main mobile service providers.

SIM cards are easily available.

Wireless internet access is available at the Grand Coastal Inn and the GPSU headquarters.

Security

We recommend that you exercise the usual precautions that you adopt when travelling in other countries.

Please also consult with the front desk for advice and guidance.

Water

We recommend that you use bottled water.

Bars, Restaurants

There are many and varied restaurants around Guyana: from those on Sheriff Street and near Grand Coastal, to downtown Georgetown and hotel restaurants. Your hotel's front desk staff as well as your colleagues in Guyana will be able to advise you depending on your preferences.

The Guyana Public Service Union (GPSU) has a members' club located at its headquarters. It is a good place for a good 'ole lime.

Meeting days and times

Tuesday March 1

SUBWOC – 9:15 am to 5:15 pm

Wednesday March 2

SUBRAC – 9:15 am to 5:15 pm

Thursday March 3

SUBRAC – 9:15 am – 12:30 pm

Thursday March 3: 2:00 pm to 5:30 pm and Thursday March 4: 9:15 am to 12:30 pm

Conversations on sustainable development in the Caribbean

Attire

Business casual; smart casual

Other activities

The GPSU has advised that it is organising a Barbecue and Karaoke Night on March 4. Tickets will be on sale.