



## SOME PRACTICAL INFORMATION about (the Commonwealth of) Dominica – The nature island

<b>Accommodation</b>	<p>Garraway Hotel Place Heritage One Eugenia Charles Boulevard Roseau, Commonwealth of Dominica T: +1 767 449-8800   F: 1 767 449-8807 <a href="http://garrawayhotel.com/">http://garrawayhotel.com/</a></p> <p>Wireless Internet access is available on property.</p>
<b>Travel to/from Dominica</b>	<p>Please check the website(s) of the airline(s) to prepare for your travel: Please note carefully the baggage policy for each airline.</p> <p>American Airlines - <a href="http://www.aa.com">www.aa.com</a> Caribbean Airlines - <a href="http://caribbean-airlines.com/index.php/plan-a-book/baggage-information">http://caribbean-airlines.com/index.php/plan-a-book/baggage-information</a> Insel Air - <a href="http://www.fly-inselair.com/en/traveler-info/baggage-information">http://www.fly-inselair.com/en/traveler-info/baggage-information</a> LIAT - <a href="http://www.liatairline.com/navSource.html?page_id=3">http://www.liatairline.com/navSource.html?page_id=3</a></p> <p>We suggest that where available, please use online check-in facilities. All airports follow the guidelines established by the USA TSA. Please note them carefully. <a href="http://www.tsa.gov/311/index.shtm">www.tsa.gov/311/index.shtm</a></p>
<b>Transfer to/from hotel</b>	<p>The cross-country route from the airport to the hotel is about 45 minutes to an hour. Paul or Felita Thomas will be at the airport to transport participants to the hotel. The DPSU has arranged a special rate of XCD65.00 per person, per trip. Please ask for Paul or Felita as you exit the arrivals hall.</p>
<b>Departure tax</b>	<p>Departure tax from Dominica is XCD45.00 for CARICOM travellers and XCD59.00 for all other passport holders. Departure tax is payable at the airport in cash (XCD or USD)</p>

<p><b>Time</b></p>	<p>On the first two days of the meetings, time in Dominica is</p> <ul style="list-style-type: none"> <li>- same as in the rest of the Eastern Caribbean and Bermuda</li> <li>- one hour ahead of the time in the Bahamas, Haïti, Jamaica</li> <li>- two hours behind the time in Belize</li> </ul> <p>On March 9 at 2:00 am, DST will be in effect in the USA, Haïti, the Bahamas and Bermuda.</p> <p>Bermuda will then be one hour ahead of the time in Dominica. Jamaica will be one hour behind time in the Eastern Caribbean.</p> <p>The time in the other countries of the Eastern Caribbean will be the same as in Dominica.</p>
<p><b>Money/Currency</b></p>	<p>Currency: East Caribbean Dollar (XCD) Exchange rate USD1.00 = XCD2.67 (approx) We recommend that you use East Caribbean dollars for your various transactions/purchases. US dollars are however widely accepted. Sometimes, exchange rates may vary. The best exchange rate is available at commercial banks.</p> <p>If you plan to use your credit/debit card in Dominica, please advise your bank of your travel dates.</p>
<p><b>Electricity and ironing facilities</b></p>	<p>220 volts, 50 cycles. 3 square pins.</p> <p>The hotel provides irons and ironing boards in rooms.</p>
<p><b>Cellular/mobile services</b></p>	<p>Digicel and LIME (formerly Cable and Wireless) are the two main cellular service providers in Dominica.</p> <p>SIM cards and top-ups are easily available.</p>
<p><b>Security</b></p>	<p>We recommend that you exercise the usual precautions when at home or travelling in other countries. And we suggest that if you are not familiar with Dominica that you try to move around the city and environs in groups.</p> <p>Please also consult with the front desk and Dominican sisters and brothers for advice and guidance.</p>
<p><b>Taxis</b></p>	<p>We recommend that you organise taxis through the hotel's front desk.</p>

<p><b>Meals, dining, entertainment</b></p>	<p>European style continental breakfast is included in the accommodation cost.</p> <p>We provide snacks and lunch during the meetings.</p> <p>For dinner there is the hotel's restaurant and bar as well as many other options available in Roseau. Please check guide books and the Front Desk for recommendations.</p>
<p><b>Interpretation</b></p>	<p>There will be simultaneous English/French interpretation and consecutive interpretation from French to English.</p>
<p><b>WiFi</b></p>	<p>Wireless Internet is available throughout the hotel.</p> <p>Please feel free to bring your laptops, tablets and other wireless devices. As usual, and in the interest of the environment, we will use information and communications technology (ICT) as much as possible.</p>
<p><b>Attire for meetings</b></p>	<p>Smart casual/business casual</p>
<p><b>General info</b></p>	<p><a href="http://www.dominica.dm/">http://www.dominica.dm/</a></p>